

# NASUWT Leeds

*The Teachers' Union*



@NASUWT\_Leeds15



Leeds Nasuwt Office

No. 511 July 2024

**To all our  
Members, Reps  
and Contacts**

**Thank you!  
You made it through  
yet another  
challenging year!**



**Your NASUWT  
Leeds Officers  
wish you a happy  
and relaxing  
summer holiday.**

## LEEDS NASUWT AT LEEDS PRIDE

An estimated 75,000 people from all over West Yorkshire and beyond, including NASUWT members, gathered in Leeds city centre for the annual celebration of the LGBTQ+ community. The parade featured live music, drag artists, and a huge rainbow flag being carried along the route that wound its way along the welcoming and very crowded streets. Many local and national businesses, as well as other unions, and community groups were part of the loud and colourful procession.



The parade set off from Leeds Town Hall, although some parade goers started as far back as The Merrion Centre, and meandered through the streets of Leeds, finally arriving at Lower Briggate, where a free festival awaited. The

West Yorkshire Mayor, Tracy Brabin, joined revellers representing the armed forces, emergency services, and businesses, as thousands more watched on.

As we paraded our banner, adorned with Pride flags, we were joined by NASUWT members, both local and from further afield, but the star of the show was definitely Bella, who was resplendent in her own specially designed NASUWT neckerchief!



If you were in the crowd at the parade and felt the urge to join in, please come along next year and enjoy being part of this wonderful event.

## 10TH AUGUST 2024 DONCASTER



The UK Pride Event this year will be held in Doncaster on Saturday 10th August and there will be a full NASUWT presence there too should you wish to join NASUWT colleagues from across the country.

If you would like to attend with your family, Leeds NASUWT will pay your travel expenses and a subsistence allowance of one meal per person, up to the maximum value of £25, including a drink. There is a separate daily drinks allowance of £7.50 per person. You will need to contact Leeds NASUWT in advance to have your attendance approved. Please use this email address, which will be monitored up to the date of UK Pride. There will be a limited allocation so apply early.

## JOIN US FOR A CELEBRATION OF THE UK LGBTQ+ COMMUNITY!



### Self-care Summer - Top Tips for Education Staff

Education Support, a charity funded partly by teaching unions, teamed up with Anna Freud to produce a guidance booklet and poster to help you have your own self-care summer.

As they say, self-care may not be the easiest thing for education staff to practise. Schools and colleges can be challenging environments to work in at times, and during term time, your focus will be on your pupils and your to-do list.

That's why the summer break can be the best time to get into good self-care habits, so that when term starts again, you may have techniques you can turn to in stressful times.

You can download the poster or more detailed booklet [here](#).

